# Increasing Community College Graduation Rates A Synthesis of Findings on the ASAP Model from Six Colleges Across Two States

**Cynthia Miller Michael Weiss** 

February 2021



## **Acknowledgments**

The demonstrations would not have been possible without the tremendous dedication of the colleges. We thank the program staff members and senior leaders across all six colleges for their roles in the original demonstration at the City University of New York (CUNY) colleges (Donna Linderman, Christine Brongniart, Mary Hiebert, Lesley Leppert, Diana Strumbos, and Zineta Kolenovic) and the replication at the Ohio colleges (Brett Visger, Katrina Rugless, Matthew Mercado, Miria Batig, and Angela Moore). We are especially grateful to the participating students, who have allowed us to learn from their experiences.

Funding for the long-term follow-up of CUNY's ASAP was provided by the Institute of Education Sciences, U.S. Department of Education, through grant R305D140012 to MDRC. Opinions expressed are those of the authors and do not represent views of the Institute or the U.S. Department of Education.

Dissemination of MDRC publications is supported by the following organizations and individuals that help finance MDRC's public policy outreach and expanding efforts to communicate the results and implications of our work to policymakers, practitioners, and others: The Annie E. Casey Foundation, Arnold Ventures, Charles and Lynn Schusterman Family Foundation, The Edna McConnell Clark Foundation, Ford Foundation, The George Gund Foundation, Daniel and Corinne Goldman, The Harry and Jeanette Weinberg Foundation, Inc., The JPB Foundation, The Joyce Foundation, The Kresge Foundation, and Sandler Foundation.

In addition, earnings from the MDRC Endowment help sustain our dissemination efforts. Contributors to the MDRC Endowment include Alcoa Foundation, The Ambrose Monell Foundation, Anheuser-Busch Foundation, Bristol-Myers Squibb Foundation, Charles Stewart Mott Foundation, Ford Foundation, The George Gund Foundation, The Grable Foundation, The Lizabeth and Frank Newman Charitable Foundation, The New York Times Company Foundation, Jan Nicholson, Paul H. O'Neill Charitable Foundation, John S. Reed, Sandler Foundation, and The Stupski Family Fund, as well as other individual contributors.

The findings and conclusions in this report do not necessarily represent the official positions or policies of the funders.

For information about MDRC and copies of our publications, see our website: www.mdrc.org.

## **Abstract**

This paper presents new estimates of the effects of the City University of New York (CUNY) Accelerated Study in Associate Programs (ASAP) model, evaluated using a randomized controlled trial first in New York and later through a replication in Ohio. It describes longer-term effects of CUNY ASAP in New York, showing that the program's effects on associate's degree receipt persisted through eight years and likely represent a permanent increase in degree receipt. The paper also offers an analysis from the pooled study samples in New York and Ohio. The findings indicate that the program has consistent effects on degree receipt across different states but also for somewhat different levels of service contrast, such as the number of additional advising visits.

# Contents

Acknowledgments	ii
Abstract	iii
List of Exhibits	vii
Introduction	1
Background	3
The ASAP Model and Implementation	5
The ASAP Model	5
Participating Colleges	6
Implementation	7
The Evaluation	8
Participating Students	8
Data and Methods	9
Earlier Findings	10
Update on CUNY ASAP Effects Through Eight Years	11
Findings from the Pooled Sample	12
Effects for Subgroups of Students	13
Effects by State	14
Effects by College Campus	15
Conclusion	17
References	21

# **List of Exhibits**

	-		
-	ิล	hi	e

1	Sample Characteristics for the CUNY ASAP, Ohio Programs, Pooled Samples, and National Population of Community College Students	30
2	Associate's and Bachelor's Degree Enrollment and Receipt	32
3	Degrees Earned and Four-Year College Enrollments After Three Years: Variation in Effects by Student Characteristics	33
4	Academic, Service, and Engagement Effects, by State	34
A.1	College Characteristics for the CUNY ASAP and Ohio Programs Evaluations	35
Figure		
1A	Ever Received Key Service	36
1B	Number of Times Students Received Each Key Service	36
2	Enrollment in Associate's Degree–Granting Colleges and Associate's Degree Receipt	37
3	Associate's Degree Effects by College/Campus, Through Three Years	38
4	Effects on Service Contrast	39
5	Association Between Service Contrast and Impacts on Degree Receipt	40

#### Introduction

Postsecondary education provides an important stepping-stone to well-paying jobs and the middle class for many low-income individuals. The nation's community colleges play a vital part in that effort, serving about 40 percent of all postsecondary students and a disproportionate number of low-income students. Community colleges are accessible, typically with open admission policies, and they are, on average, much less expensive than four-year colleges or private two-year colleges.

Unfortunately, however, graduation rates from community colleges are low. Among first-time, full-time, degree-seeking students entering public two-year schools, only 25 percent graduate within three years. Policymakers and higher education administrators across the nation are striving to improve those rates. Such increases would benefit students and society in an economy that increasingly demands a highly educated workforce.

Numerous reforms have been designed to increase students' persistence in and completion of community college (see, for example, Angrist, Lang, and Oreopoulos, 2009; Attewell, Heil, and Reisel, 2012; Bettinger and Baker, 2014; Bettinger, Long, Oreopoulos, and Sanbonmatsu, 2012; Goldrick-Rab, Harris, Kelchen, and Benson, 2012; Patel, Richburg-Hayes, de la Campa, and Rudd, 2013; Richburg-Hayes et al., 2009; Weiss, 2019). These policies often include a few changes to business as usual and typically last for one or two semesters. Evaluations have indicated that many of these reforms led to modest improvements in student progress and, occasionally, had limited effects on graduation rates.

Among the tested policies, one program model stands out: the City University of New York (CUNY) Accelerated Study in Associate Programs (ASAP). Designed and implemented by CUNY to help more students graduate, and more quickly, ASAP is more intensive and lasts longer than most community college reforms. It was evaluated at three CUNY colleges using a randomized controlled trial that started in 2009. The evaluation found that the program led to a substantial boost in the number of students who graduated—increasing three-year graduation rates by 18 percentage points. This exceptional result prompted three Ohio community colleges (at four campuses) to replicate the program.

Three-year findings from the test in Ohio also showed a large increase, of 16 percentage points, in graduation rates (Miller, Headlam, Manno, and Cullinan, 2019). This outcome was encouraging, given that the replication of findings from a given test of an educational intervention is the exception rather than the norm (see, for example, Camerer et al., 2018). The findings from Ohio showed not only that the model could be implemented with a high degree of fidelity in another setting but that it could have similarly positive and large effects.

This paper extends the earlier results in several ways. First, it provides an update of the findings from CUNY ASAP through eight years. An earlier paper documented effects through Year 6 and found that the impact on degree receipt was still large, at 10 percentage points.

<sup>&</sup>lt;sup>1</sup>See McFarland et al. (2019). Graduation rates include students receiving associate's degrees or certificates from their initial institution of attendance only.

However, the impact on degree receipt had diminished relative to Year 3, as the control group "caught up" somewhat to the program group (Weiss, Ratledge, Sommo, and Gupta, 2019). It was expected that degree receipt would increase to some extent for students in the control group, mirroring national trends in which many graduates take longer than three years to earn a degree. By tracking effects for an additional two years, this study examines whether the effects persist or diminish further. The longer follow-up period also provides a more comprehensive look at the program's effects on enrollment in four-year colleges and the receipt of bachelor's degrees.

Second, this paper synthesizes the three-year findings from CUNY and the Ohio replication. The pooled analysis supports the estimate of a broader treatment effect (the mean effect across six colleges from two states) of the ASAP model on three-year graduation rates. Also, the pooled sample is better positioned than the individual studies to examine subgroup effects, or effects for different types of students. The synthesis also provides the opportunity to look at effects across the two states and across the individual colleges. It allows for an examination of whether there is variation in the effects on degree receipt in different locations, and, if so, whether this variation is associated with differences in students' use of program services.

The findings from both analyses help inform a national scaling of the ASAP model. For example, the Ohio colleges implemented the model somewhat differently than CUNY did, and the impacts on service contrast varied across states and across individual colleges. The findings therefore speak to whether the large effects on degree receipt are robust to modest variations in the planned model, its actual implementation, and the counterfactual conditions against which it is being compared. The longer-term findings also help to assess whether the ultimate effect of ASAP is to speed up degree receipt and whether it leads to a permanent increase in graduation rates, helping students graduate who would not have done so without the program.

In sum, the findings show that ASAP's effect on the receipt of associate's degrees persisted through eight years, although it did not lead to a long-term increase in the receipt of bachelor's degrees. The effects on the receipt of associate's degrees indicate that the program not only helped students graduate faster but also helped students graduate who would never have done so without the additional support. The effects across both states through three years provide further evidence of the program's effectiveness, for students in general and for different types of students. Finally, the effects by state and by campus suggest that there is a positive association between service contrast, or effects on advising visits, for example, and degree impacts. However, beyond some level, there may be diminishing returns. In other words, increasing advising by 15 visits per semester may not lead to much larger effects on degree receipt than increasing advising by 8 visits per semester. Because the model does cost more than the usual services that are offered to students, colleges will need to compare the resources needed to generate increases in service contrast with the additional degrees the expanded services generate. More broadly, the consistency of findings across the states and colleges suggests that the results are likely to generalize beyond these students and colleges, furthering the idea of ASAP as a national model to increase educational attainment.

## **Background**

Researchers have identified a number of student-level challenges and institutional practices that underlie the low rates of persistence and completion at community colleges (for overviews, see Baum, Kurose, and McPherson, 2013; Braxton, 2002; Calcagno, Bailey, Jenkins, Kienzl, and Leinbach, 2008). These factors include financial challenges, such as the costs of attending college; a shortage and underuse of student support services; insufficient preparation for college-level work; and the competing demands of work, family, and school. These challenges are even more pronounced for low-income, less academically prepared students, who are less likely than other students to stay on track and graduate (Attewell et al., 2012; Crosta, 2014; Klempin, 2014).

Although tuition and fees at community colleges are about one-third the cost of public four-year colleges and universities (Baum and Ma, 2014), they still constitute a substantial investment for many low-income students, especially when opportunity costs are considered. In addition, financial aid sometimes does not cover the full cost of attendance, leaving students to struggle to afford tuition, transportation, or textbooks. Moreover, low-income students must negotiate a complex financial aid system in order to receive assistance (Bettinger et al., 2012).

Many students are not academically prepared for college, as indicated by the fact that nearly 60 percent enroll in at least one developmental (or remedial) reading, writing, or mathematics course during community college (Bailey, 2009). Placement into developmental courses is negatively associated with student persistence and success, as developmental students frequently drop out of their classes or leave college entirely, and those who remain make progress relatively slowly (Adelman, 2004; Attewell, Lavin, Domina, and Levey, 2006). Only 13 percent of community college students with developmental needs earn a certificate or degree within three years (U.S. Department of Education, n.d.).

Upon entering college, many students also struggle to navigate the unfamiliar environment and need help figuring out which courses to take and in what order, how to register for classes and apply for financial aid, and what resources are available to help them make the transition to college (Bailey, Jaggars, and Jenkins, 2015). Community colleges are rarely able to support the kind of personalized and timely advising and counseling that students need—services that are often provided at selective four-year colleges (Bound and Turner, 2007). For example, the National Academic Advising Association (2011) estimated that the median caseload of an adviser at a public two-year college is 441 students per adviser, compared with 260 students per adviser at a public four-year college; as such, the amount of advising students receive in community colleges is limited. Students who do not have access to an informed adviser may neglect to register for a required course, fail to secure the maximum financial aid for which they qualify, or make other missteps that could negatively affect their progress through college. Community college students, most of whom commute, are also less likely to identify with their college community than are traditional undergraduates at four-year institutions (Tinto, 1997).

Taken together, the numerous barriers that low-income students face contribute to their low college completion rates. While research has identified causal evidence about the efficacy of postsecondary interventions, most implemented policies have had, at best, only small effects. For

example, several studies have produced experimental evidence that financial aid–related reforms can positively, although often modestly, influence students' academic progress (for example, see Angrist, Autor, Hudson, and Pallais, 2014; Angrist et al., 2016; Angrist et al., 2009; Angrist, Oreopoulos, and Williams, 2010; Bettinger et al., 2012; Cohodes and Goodman, 2014; Deming and Dynarski, 2010; Goldrick-Rab, Kelchen, Harris, and Benson, 2016; Mayer, Patel, and Gutierrez, 2015).

Colleges have also tried many strategies to better integrate new students, such as creating learning communities and implementing student success courses to foster connections within the classroom (Engstrom and Tinto, 2008; Rutschow, Cullinan, and Welbeck, 2012; Weiss, Mayer, et al., 2015; Weiss, Visher, Weissman, and Wathington, 2015). Other interventions are focused on helping community college students stay enrolled continuously, including in summer sessions (Attewell and Douglas, 2014; Attewell and Jang, 2013; Weiss, 2019). Experimental evaluations of these approaches indicate that they can help students better acclimate to college, and some have produced modest improvements in academic outcomes.

Enhanced academic advising interventions are another tactic. A fairly robust experimental literature has found that a variety of modes of advising have positive, although often limited, effects on students' academic outcomes (for examples, see Avery, Howell, and Page, 2014; Barr and Castleman, 2017; Bettinger and Baker, 2014; Carrell and Sacerdote, 2013, 2017; Evans, Kearney, Perry, and Sullivan, 2017; Scrivener and Weiss, 2009).

Two more recently studied programs provide more comprehensive and longer-term supports for students and have led to larger effects. One study is of the Early College High School initiative, a model that offers dual high school and college enrollment and a variety of supports to help students move into and complete college. Students in the program were substantially more likely to earn an associate's degree than students who were not in the program (Berger, Turk-Bicakci, Garet, Knudson, and Hoshen, 2014). A second example comes from an evaluation of the Stay the Course program at a community college in Texas, which offered three years of ongoing comprehensive case management, provided by trained social workers, along with access to emergency financial assistance. The evaluation found large effects on degree receipt among the 20 percent of the study sample that took up the program (treatment-on-the-treated effects), although the effects were primarily for women (Evans et al., 2017). The effects among program participants contain a fair amount of sampling error, given the small sample size.

Thus, the weight of the evidence suggests that short-term, light-touch interventions are typically not enough to substantially improve longer-term outcomes, such as degree receipt, and

<sup>&</sup>lt;sup>2</sup>For example, the offer of the program increased associate's degree receipt among the full sample of women by 7.4 percentage points. The increase in degree receipt among women who participated in the program (treatment-on-the-treated effects) was 32 percentage points.

that more comprehensive interventions that address multiple barriers are needed.<sup>3</sup> ASAP is one such program.

## The ASAP Model and Implementation

#### The ASAP Model

Developed by the City University of New York, ASAP is a comprehensive program that provides students with up to three years of financial and academic support and other support services to address multiple barriers to success, with the goal of helping more students graduate within three years. To take part in the program, students are obligated to attend school full time and to participate in essential program services. The original CUNY ASAP model included the following components.

**Student services:** Students receive comprehensive advisement from an adviser with a small caseload, career information from a career and employment services staff member, and tutoring services separate from the usual college tutoring services. Each of these services is provided by ASAP-dedicated staff members who work only with students in the program. ASAP advisers, who have caseloads of 60 to 80 students,<sup>4</sup> offer support related to a wide variety of academic and personal topics, including academic planning, balancing school with other responsibilities, accessing campus services, interacting with professors, staying on track to graduate, and dealing with personal issues. Students are required to meet with their adviser twice per month and to meet with career services staff members once per semester. Students in remedial courses or on academic probation must participate in tutoring once per week.

**Course enrollment:** Students may enroll in blocked courses, or courses scheduled back to back, in their first year. This arrangement of classes has two goals. The first is minimizing the time required on campus so that students, many of whom work, can enroll full time. The second is ensuring ASAP students can take some of their classes with other ASAP students, fostering a sense of community. During the first few semesters, students also enroll in an ASAP seminar that covers topics such as goal-setting, study skills, and academic planning. Students can also register for courses early so that they can create convenient schedules and get seats in the classes they need.

<sup>&</sup>lt;sup>3</sup>One notable exception is the recent study of traditional remedial math courses, compared with corequisite remediation, in which students take college-level math but are provided with additional academic supports. A randomized controlled trial at three CUNY colleges found that corequisite remediation led to an increase in course pass rates as well as an 8.1 percentage point increase in three-year graduation rates (Logue, Douglas, and Watanabe-Rose, 2019).

<sup>&</sup>lt;sup>4</sup>This section describes the model at the time of the evaluation; it has evolved since then as it has been expanded to serve more students. The advising requirements, for example, have been modified somewhat, and caseloads are currently 150 students per adviser.

<sup>&</sup>lt;sup>5</sup>The current model delivers the content of the seminar in group advising sessions, rather than in a larger classroom setting.

**Financial supports:** Students are given a tuition waiver that fills any gap between federal and state financial aid and college tuition and fees. Students also receive free use of textbooks and free MetroCards for use on public transportation.

**Requirements:** Students are required to attend college full time during the fall and spring semesters and are encouraged to take courses during the winter and summer sessions. ASAP staff members also encourage students to complete developmental education early and to graduate within three years.

Variations and adaptations: When the model was replicated in Ohio, some adjustments were made to fit the local context and to align with the evolved version of the ASAP model that CUNY was operating at the time. For example, CUNY offered program group students an ASAP-only student success seminar in their first few semesters. In contrast, the Ohio program did not create a special seminar course for program group students but enrolled these students into specific sections of existing student success courses. The Ohio program also did not offer monthly metro cards to students (worth over \$100 in New York), given the lower use of public transportation in the state; instead it provided \$50 gas/grocery gift cards to participating students.

Another difference was that CUNY provided free textbooks to students in ASAP. Although one Ohio college offered free textbooks, two of the colleges instead provided students with vouchers of up to \$300 per semester to cover the cost of textbooks.

The Ohio program used a triage model of advising, in which the advising requirements differed depending on the students' academic standing.<sup>6</sup> Students in the high-need group were required to meet with their assigned adviser twice per month, while other students could meet less often, although they usually had to see their adviser once per month.

**Tracking:** Both the New York and Ohio programs used a management information system, created specifically for the program, to track student outcomes, participation, and progress. CUNY provided training to staff members at colleges in both sites on how to track and use these data for monitoring and improving program outcomes.

#### **Participating Colleges**

ASAP was tested at 3 of the 24 colleges in the CUNY system. Each college serves from 15,000 to 20,000 students, making these the largest of CUNY's community colleges. The three schools in this study were willing to participate in a randomized controlled trial, in which eligible students would be randomly assigned to either a program group that was eligible to participate in ASAP or a control group that was eligible for the college's standard services.

The ASAP Demonstration in Ohio was tested at 3 of the state's 23 community colleges. One of the colleges serves about 20,000 students, while the other two are smaller, with 7,000 to 8,000 students. These colleges were selected primarily based on administrators' support for the

<sup>&</sup>lt;sup>6</sup>As noted earlier, one of the ways in which CUNY refined its model was to move to a triage model for advising, as implemented in Ohio.

program, their willingness to take part in a random assignment evaluation, and their capacity to reach the desired sample size goals. See Appendix Table A.1 for selected characteristics of the six colleges.

#### Implementation

In order to ensure strong implementation and fidelity, the CUNY Office of Academic Affairs, which administered the program along with the participating colleges, monitored the operation of the program at CUNY. It also provided technical assistance to the Ohio colleges, leading a workshop on the program model, helping the colleges develop action plans for implementation, and providing regular and continuing direct technical assistance and training in the ways each program component could be enacted.

Implementation research was conducted regularly throughout the three-year program period in each study. Overall, ASAP was well implemented in both New York and Ohio, and the program created a substantial service differential between students who were in ASAP and those who were eligible for the colleges' usual services.

Figure 1 presents students' self-reported use of three key program services from a survey administered to all study participants in both states one year after program entry. Panel A presents the effects on incidence, or whether the student ever used a particular service during the first year. Panel B presents the effects on the intensity of use, or the number of times the student used the services, by semester.

First, consider advising. The data in Panel A show that the program led to a moderate increase in the percentage of students who ever met with an adviser, in part because most students meet with an adviser at least once. The notable difference is in the intensity of advising, where program group students met with an adviser on average 15 times during the second semester, compared with 3 times for control group students.

For tutoring and career services, the program led to larger increases in incidence, in part because fewer students use these services in the absence of the program. ASAP increased the number of students who ever used tutoring by 24 percentage points, for example, and program group students participated in nine sessions on average during the second semester, compared with three sessions for students in the control group. These averages are for the entire program and control groups, including zeros for those who never participated. Thus, the number of tutoring sessions among those who ever used tutoring is much larger than is shown in the figure.

In terms of financial aid, most students in the program across both states reported receiving assistance with the cost of textbooks, as well as the monthly incentive (gift cards in Ohio and transportation cards in New York). Few students in either state used the tuition waiver, as federal and state aid typically covered the cost of tuition (not shown).

ASAP also promoted communication between students and staff members. Students in the program group were more likely than their control group counterparts to receive messages from advisers and other staff members on the importance of attending full time and graduating within three years (not shown).

Finally, blocked scheduling was implemented only partially. In New York, students were offered blocked courses at two of the colleges and were encouraged to take at least one of the courses in the block if they could not take the full set. Transcript data show that although only about one-third of program group students enrolled in a full block of courses, a majority of students were enrolled in at least one course with four or more other ASAP students. Blocked scheduling was not formally implemented in Ohio given the difficulty of identifying overlapping courses for large groups of students. As discussed below, eligibility for the study in Ohio was expanded to include students with up to 24 earned credits, meaning that some of them had already completed required courses. As an alternative to blocked scheduling, advisers informally tried to guide program group students into courses with each other. Transcript data indicate that about half of the program group students in Ohio enrolled in at least one course with at least four other program group students.

#### The Evaluation

#### **Participating Students**

Students were eligible for the program and study if they met several criteria: their family income was below 200 percent of the federal poverty level or they were eligible for a Pell Grant; they were new to college or had earned fewer than 12 credits in CUNY or fewer than 24 credits in Ohio; they were willing to attend college full time; and they were in a major that could be completed within three years. The two studies differed with respect to developmental education requirements. For CUNY, the evaluation only included students who had one or two developmental education requirements, although a separate quasi-experimental evaluation conducted by CUNY staff members included students without these requirements (Strumbos and Kolenovic, 2017). In Ohio, in contrast, eligibility was extended to students with or without developmental education requirements at study entry. Both programs excluded students with extensive (more than two) developmental education requirements, given that they were unlikely to earn a degree within three years.

Students at CUNY were recruited for the study and randomly assigned just before the spring 2010 semester and the fall 2010 semester. Students in Ohio were recruited and randomly assigned just before the spring 2015, fall 2015, and spring 2016 semesters. The study samples include 896 students for CUNY and 1,501 students for Ohio.8

<sup>&</sup>lt;sup>7</sup>The largest set of majors excluded was in allied health fields, such as physician's assistant and nursing.

<sup>&</sup>lt;sup>8</sup>The total number of students randomly assigned was 903 students at CUNY and 1,522 students in Ohio. The analysis samples exclude students who withdrew from the study or whose consent form could not be recovered (7 students at CUNY and 21 students in Ohio).

Table 1 outlines selected characteristics of the sample at baseline and, for comparison, characteristics of community college students nationwide. The students in the Ohio study differed from those in New York in several ways. More Ohio sample students were nontraditional students—that is, they were older or had children (although they were less likely to work full time, another marker of nontraditional status). The New York sample also includes more Hispanic students and fewer White students than the Ohio sample, reflecting in part the differences in the demographic makeup of the participating cities. Fewer Ohio sample students had developmental requirements than did CUNY sample students, as expected given the different eligibility criteria for study entry in each state.

The pooled sample is shown in the third column of Table 1. The sample is racially diverse, with no racial majority. Just over half of the sample is Black or Hispanic. Fifty-one percent of the students were of "traditional" college age (aged 19 or younger), and just over 40 percent were nontraditional students.

The students participating in the evaluation are roughly similar to community college students nationwide, with some exceptions. The majority of the pooled sample and the national sample are women, a sizable fraction have children, many are working, and the large majority have developmental education requirements. Students nationwide, however, are older than the students in the study sample and are more likely to work full time. The program's eligibility guidelines may have led to these differences, given that the full-time attendance requirement may have discouraged full-time workers, who tend to be older students, from enrolling in the study.<sup>10</sup>

#### **Data and Methods**

This paper uses data from several sources. First, students in the studies in both states filled out a baseline survey before random assignment, providing demographic and other information. Data on credit and degree completion at the participating colleges and at colleges within the broader CUNY and Ohio systems were obtained from transcript data provided by CUNY and the three participating Ohio colleges. Data on enrollment and degree receipt were also obtained from the National Student Clearinghouse, which covers students' enrollments in nearly all postsecondary institutions throughout the United States, not just the participating colleges.

Finally, surveys were administered to study participants in both sites approximately one year after they were randomly assigned. The survey, fielded to the full study samples in both states, covered topics such as sample members' participation in and experiences with student

<sup>&</sup>lt;sup>9</sup>The national averages reflect students enrolled in public two-year institutions.

<sup>&</sup>lt;sup>10</sup>Part of the difference in age and work status may be due to the fact that the national numbers include students seeking certificates and in nondegree programs, although they make up only about 15 percent of students.

services, expectations of and engagement in college, employment, and financial aid and other financial issues.<sup>11</sup>

We use the following equation to estimate the effects of being offered ASAP:

$$Y_{ij} = \alpha + T_{ij}\beta + X_{ij}\lambda + C_{ij}\gamma_j + \varepsilon_{ij}$$

where  $Y_{ij}$  denotes the outcome for Individual i in College j.  $T_{ij}$  is an indicator variable for assignment to the program group, eligible for ASAP, and the vector  $X_{ij}$  includes individual covariates that are expected to be correlated with the outcomes of interest, such as race, age, gender, and developmental education requirements. The vector C includes randomization block indicators, one for each campus and cohort combination. The coefficient  $\beta$  is the key parameter of interest and represents the effect of the program offer. Since individuals were assigned at random to receive the offer to enroll in ASAP, this regression-based estimator of  $\beta$  is unbiased with respect to our target of inference (the estimand), which is the average effect across individuals in the evaluation sample. 12

Key outcomes include enrollment in two- and four-year colleges and degree receipt (associate's degrees and bachelor's degrees). The evaluation estimates the effects on these outcomes of the offer to participate in ASAP, or intent to treat estimates. Treatment-on-the-treated estimates are not presented, given that over 90 percent of students in the program group experienced at least one semester of the program. However, these estimates (of the effect of program participation, rather than of eligibility) can be viewed as roughly 10 percent larger than the estimates shown in this paper. Finally, no weighting is applied when estimating effects for the pooled sample.

#### **Earlier Findings**

ASAP's effects in both states, through Year 3 in Ohio and Year 6 in New York, have been reported separately in earlier publications (Miller, Headlam, Manno, and Cullinan, 2019; Weiss, Ratledge, Sommo, and Gupta, 2019). The CUNY program was found to increase three-year degree receipt by 18 percentage points, from 22 percent for the control group to 40 percent for the program group. Rates of degree receipt continued to increase through Year 6 for both the program and control groups, and the differential between the two groups diminished in size. However, the impact of the program at the end of Year 6 was still sizable, at 10 percentage points (p < 0.01). ASAP also increased enrollment rates and credit accumulation during the program period, or the first three years.

<sup>&</sup>lt;sup>11</sup>Response rates for the surveys in New York and Ohio were 83 percent and 68 percent, respectively. Separate analyses show that program and control group respondents were balanced on background characteristics (see Scrivener et al., 2015; Miller, Headlam, Manno, and Cullinan, 2019).

<sup>&</sup>lt;sup>12</sup>Earlier reports documented that there were no systematic differences between the research groups for each study (Scrivener, Weis, and Sommo, 2012; Miller, Headlam, Manno, and Cullinan, 2019). Similarly, for the pooled sample, a regression model of program group status on a range of individual-level characteristics showed no significant differences between the research groups (not shown).

The Ohio program similarly led to large effects on enrollment, credit accumulation, and degree receipt by the end of Year 3. At that point, 35 percent of the students in the program group had earned a degree, compared with 19 percent of students in the control group, for an increase of 16 percentage points.

## **Update on CUNY ASAP Effects Through Eight Years**

The earlier paper on CUNY ASAP showed that the effects on associate's degree receipt diminished over time, but remained sizable at the end of six years (Weiss, Ratledge, Sommo, and Gupta, 2019). That paper was also the first to show positive effects on the receipt of bachelor's degrees, with a positive effect in Semesters 8 and 9. However, this effect disappeared over time, as the control group caught up with the program group. This section updates those earlier findings to assess whether the stability in both levels and effects that was apparent by the end of Year 6 continued through Year 8.

Table 2 presents effects on enrollment and degree receipt at two- and four-year colleges (also referred to as associate's degree—granting colleges and bachelor's degree—granting colleges). In Semesters 2 through 4, during the program period, enrollment rates in two-year colleges are higher for the program group than the control group, differences that are statistically significant. In the first two semesters of the post-program period (or Semesters 7 and 8), enrollment in two-year colleges is lower for the program group than the control group, given their higher rates of degree receipt and higher rates of enrollment in four-year colleges. However, by the last few semesters of the eight-year period, enrollment rates at two-year colleges have flattened out and fallen to less than 5 percent for both research groups. Enrollment in four-year colleges has also flattened out by that time, at around 15 percent, with no meaningful differences between the two groups during the last two years of follow-up.

Effects on degree receipt are separated into associate's and bachelor's degrees. The main goal of the program is to increase the receipt of associate's degrees. A few more students earned associate's degrees over the additional two years of follow-up, but estimated effects on this outcome are stable in Semesters 12 through 16, at about 12 percentage points.

In terms of bachelor's degree receipt, about 25 percent of both research groups had earned a degree by the end of Year 8. The program led to small and statistically significant increases in Semesters 8 through 10, but had no effects thereafter.

The findings suggest that the program's primary effect was to speed up the receipt of bachelor's degrees among students who would have earned them anyway. In contrast, the stability of the estimated impact on of associate's degree receipt during the last six semesters of follow-up increases confidence in the idea that ASAP increased associate's degree receipt among a sizable group (12 percentage points) of students who would not have earned an associate's degree otherwise. The fact that the estimated effect on associate degree receipt peaked at 18 percentage points implies that, at a minimum, ASAP's effect of speeding up degree receipt, among those who would have graduated anyway, is *at least* 6 percentage points. This speeding up of degree receipt is

notable and can reduce costs for colleges and students; however, the long-term increase in degree receipt is what can drive the benefits of the program, given that the gains from higher education accrue over an individual's lifetime.

## Findings from the Pooled Sample

The remainder of this paper examines effects through three years using the New York and Ohio samples, estimating effects for the pooled sample, for subgroups, by state and by college. This section describes effects for the combined sample.

Figure 2 presents the results for enrollment and degree receipt at any two-year college. <sup>13</sup> Enrollment rates at any school fall steadily after the first semester, but they fall less rapidly for students in the program group. By Semester 2, for example, only 73 percent of students in the control group were still enrolled, compared with 84 percent in the program group, a difference of 11 percentage points. Effects are similar in size in Semesters 3 and 4 but become negligible after that point. <sup>14</sup>

Study participants begin earning degrees by Semester 3, and the increase is more rapid for students in the program group. By the end of Semester 6, degrees (nearly all associate's degrees) had been earned by about 36 percent of students in the program group, compared with 19 percent of students in the control group—a substantial increase of almost 17 percentage points (with a 90 percent confidence interval ranging from 14 percentage points to 20 percentage points). As noted, this effect is nearly a doubling of degree receipt and is among the largest observed to date for a college intervention. The estimate of program effect is also for a broader population.

Enrollment rates fall over time as students either graduate or leave school without a degree. Thus, the program's effects on enrollment are somewhat difficult to interpret in later semesters, given that they are estimated for the full sample and include students who have graduated.

Although not shown, enrollment rates in four-year colleges gradually increase each semester, and almost 14 percent of control group students are enrolled in Semester 6. The program increased that rate by an estimated 6.5 percentage points (p < 0.001).

Overall, the rate of transfer to four-year colleges for both research groups is fairly low, although perhaps this is not surprising in light of the barriers to entry faced by low-income students. National data indicate that only about 33 percent of community college students transfer to a four-year institution within six years, despite the fact that the majority of them (as with this study sample) enter college intending to pursue a bachelor's degree (Jenkins and Fink, 2016).

<sup>&</sup>lt;sup>13</sup>Estimated effects are shown for the full study samples. Effects on these outcomes estimated for the survey respondent samples, used later in the paper, are very similar to those shown here.

<sup>&</sup>lt;sup>14</sup>Prior evaluation reports also presented effects on full-time enrollment, given that it was a program requirement. Impacts on full-time enrollment, not shown here, were large (15 to 20 percentage points) during the first four semesters and diminished thereafter.

## **Effects for Subgroups of Students**

As described above, for the pooled sample, the findings show that ASAP led to a notable increase in degree receipt as well as an increase in four-year college enrollment by the end of Year 3. This section examines whether effects vary for different types of students. Community college students are a diverse group, varying in their levels of academic preparation upon entry, their age, their family status, and their work status, for example. A large number of them are "nontraditional" students, meaning that they do not fit the profile of the single, childless, young adult entering college straight from high school. Subgroup analyses help to assess whether ASAP can be effective for a wide variety of student types, which speaks to the generalizability of the findings.

Table 3 displays the variations in effects on degrees earned and enrollment in four-year colleges, after three years. The top rows present effects by developmental education requirements at study entry. This subgroup was prespecified in each study as the sole confirmatory subgroup, as it is a central question of interest for which the study teams desired rigorous evidence. The remaining rows present effects for several subgroups as part of an exploratory analysis. Tests of effects across these dimensions (gender, age, high school diploma status, race/ethnicity, and work status) are of interest in their own right, but any findings should be interpreted with some caution and as suggestive for further study.

The first set of columns shows effects on degree attainment, and the second set of columns shows effects on four-year college enrollment after three years. ASAP increased degree receipt for all subgroups examined, and the effects for each group are large and statistically significant. Although estimated effects are somewhat smaller for certain groups, such as those without a high school diploma at entry and Hispanic students, they are not statistically significantly different from estimated effects for their subgroup counterparts. In other words, there is no clear evidence that ASAP was more effective for one subgroup compared with another.

Effects on four-year college enrollment are also positive for all groups, although they are not always statistically significant. There are two notable differences, although again, the variation across groups is not statistically significant. First, there are smaller estimated effects for students without developmental education requirements, perhaps because these students were more likely to attend a four-year college in the absence of the program, as shown by rates for the control group, although the small sample size for this group makes the estimate imprecise. <sup>15</sup> The program also did not appear to increase enrollment rates in four-year colleges for students without a high school diploma at entry. Again, this finding may be meaningful, or it may simply reflect an imprecise impact estimate for a very small subgroup. Similar to other students, the majority of students without a high school diploma reported at study entry that they expected to obtain at least a bachelor's degree. Thus, the lack of effect for this group is not due to lower aspirations.

<sup>&</sup>lt;sup>15</sup>The subgroup consists entirely of students from Ohio because the New York evaluation focused only on students with developmental education requirements.

## **Effects by State**

The ASAP model was created by CUNY in 2007 and was operating at six of its community colleges before the evaluation began in 2009. The Ohio colleges worked closely with CUNY on the design and implementation of the program, but as expected, their replication was not exact. In addition, as shown below, the Ohio programs led to a smaller service contrast than the CUNY program did. These factors, along with the different contexts in which the program was tested, warrant a comparison of effects across the two states.

Table 3 presents the academic outcomes, service contrasts, and student engagement rates for CUNY ASAP and the Ohio Demonstration programs. The first two rows show the effects on degree receipt and four-year enrollment, using data from administrative records for the full sample. The next set of rows shows data from the survey subsample on the receipt of key program services (those shown for the pooled sample in Figure 1) and perceptions of support at school. <sup>16</sup> The program had very similar estimated effects on both outcomes. CUNY ASAP increased degree receipt by 17.3 percentage points, compared with 15.9 percentage points for Ohio. Effects on four-year college enrollment are also very similar.

As noted in the introduction, the similarity of effects is striking, given the difficulty of replicating original findings (the "replication crisis," as it is sometimes called). But the similarity is also remarkable in light of the fact that the students, contexts, and service contrast differed across the two sites. For example, more students in Ohio than in New York were nontraditional students—that is, they were older or had children. This difference in the sample is notable, as there was some concern that the model, with its full-time attendance requirement, would not work for these types of students. Further, fewer students in Ohio than in New York had developmental education requirements.

The context also differed in terms of management structure. CUNY is the largest urban community college system in the nation and is fairly centralized. Management of the program was led centrally by a dedicated ASAP team in the CUNY Office of Academic Affairs. Ohio's community colleges, in contrast, are decentralized, meaning that the colleges largely implemented the program independently.

Finally, the similar findings are also noteworthy given that the program in New York appears to have created a larger service contrast than the program in Ohio (as indicated by students' responses to a survey). For example, program group students in New York met with their adviser on average 17.3 more times in the first semester than their control group counterparts did, compared with a difference of 8.3 visits in Ohio. Control group advising visits were fairly similar across the two states, suggesting that the difference in effects is not driven by different baseline levels. Ohio had implemented a triage model of advising, although this variation would primarily affect advising sessions in the second and later semesters. In addition, Ohio advisers had much larger caseloads than CUNY advisers did at the time of the study.

<sup>&</sup>lt;sup>16</sup>Effects on academic outcomes were estimated for the survey respondent samples and are very similar to those shown in the table, which are based on the full samples.

Differences in impacts on tutoring are not as large, but they are still sizable. Part of this difference could be driven by the fact that the CUNY sample consisted entirely of students with developmental education requirements, for whom tutoring was required under ASAP, whereas only 75 percent of the Ohio students had developmental education requirements. However, when the analysis for the Ohio study was restricted to students with developmental education requirements, the pattern of results was similar to that shown in Table 3.<sup>17</sup>

The final two rows of Table 4 depict the effects on students' perceptions of support. ASAP in New York led to much larger changes in this area. That program, for example, led to a 32.7 percentage point increase in the number of students who felt that they had adequate supports and services to succeed in school. In contrast, the increase in Ohio was 10.2 percentage points. Part of the difference in effects may be due to the relatively high level of support already felt by students in Ohio, as indicated by responses for the control group students, leaving less room for improvement. 18

The findings suggest that there may be diminishing returns to increased participation in a given student service. In other words, perhaps encouraging students to visit their adviser an additional eight times is sufficient to generate the observed increase in graduation rates, with more visits contributing little added effect. The next section looks at this issue from another angle by assessing effects for the individual college campuses.

## **Effects by College Campus**

Although the New York programs were managed by CUNY, the programs in both states were ultimately specific to a given campus, with its particular environment, program director, advisers, other staff members, and services. This section describes the effects by campus. The estimates for the pooled sample and by state provide an overall average estimate of ASAP's effectiveness. Estimating effects by campus provide further evidence for the replicability of the model in different settings. A caveat to this analysis is the smaller sample sizes at each individual campus, limiting the statistical power of tests of individual site effects and tests for variation across sites.

Effects on associate's degree receipt through three years are shown in Figure 3. The estimates range from 5 percentage points to 21 percentage points, and six of the seven estimates are greater than 11 percentage points and statistically significant, as illustrated by the confidence intervals. Although there is some variation in *estimated* effects across the campuses, it is not more than would be expected by chance if the *true* effects were the same across the campuses (p = 0.486 for the test of cross-campus differences in effects). The fact that the null hypothesis of

<sup>&</sup>lt;sup>17</sup>Impacts on advising and tutoring visits for that subsample, for example, were 7.6 visits and 6.0 visits, respectively.

<sup>&</sup>lt;sup>18</sup>The differences in control group levels and effects between the two studies might also be due to differences in response rates to the survey across the two studies—83 percent for CUNY versus 68 percent for Ohio. However, when the survey analyses were weighted to account for differential nonresponse, the findings were similar to those shown here.

similar effects cannot be rejected is encouraging and provides stronger evidence that the model can work in a range of settings.

Figure 4 presents estimates by campus of the service contrast. Specifically, it shows estimated effects on the number of times students participated in the three primary services: advising, tutoring, and career services. It also depicts effects on the students' average feelings of support at the campus (estimated as an average of the impact on the two student engagement outcomes shown in Table 3). The campuses are ordered in each graph by the size of their estimated effects on degree receipt, with the smallest effects on the left side and the largest effects on the right side.

The figure shows notable variability in service contrast, which is statistically significant for each outcome. For example, the program-induced increase in advising was 20 visits at Campus 7, compared with seven visits at Campus 2. The differences in impacts on feelings of support are especially large.

The variation across campuses in service contrast raises the question of whether these effects are correlated with effects on degree receipt. Figure 5 displays the associations between degree attainment and the use of advising, tutoring, career advising, as well as between degree attainment and perceptions of overall support. Each panel in the figure plots estimated impacts on degree receipt (on the vertical axis) against a given estimated service contrast (for example, increase in the number of advising sessions attended) on the horizontal axis. The size of each bubble is proportional to the size of the sample on which it is estimated, with larger sites having larger dots. In addition, a weighted least squares regression line is estimated over the seven observations and plotted in each graph, in which estimates based on larger samples are given greater weight.

Note that this analysis is nonexperimental, and any association observed does not necessarily imply that the service contrast caused the impact. Other factors about the campuses, which may be associated with both outcomes, are not controlled for in the analysis. For example, the colleges vary in size, with some serving over 20,000 students and others fewer than 10,000 students. (Appendix Table 1 presents characteristics of the colleges, rather than the individual campuses, given that campus-level data are not available.) Other differences include the demographic composition of the student population in terms of race/ethnicity and age, and the rate at which students at a given college graduate. A range of campus-level features might contribute to program impacts, although the number of campuses in this study is too small to support a formal investigation.

The panels highlight two points. First, the regression lines suggest that there is a positive, albeit weak, association between some estimates of service contrast and degree impacts. Effects on degree receipt tend to be larger, for example, the larger the effects on advising visits and career services visits. Similarly, effects on degree receipt are larger when there is a larger effect on students' feelings of support.

Second, however, despite the weak positive relationships, effects on degree receipt are still quite large even with substantially smaller service contrasts. For example, in the relationship

between ASAP's effect on advising visits during the first semester and ASAP's effects on degree completion, the weighted regression line suggests that the cluster of three campuses where the program caused an increase of five to eight additional advising visits had degree effects of around 15 percentage points. The three campuses where ASAP caused an increase of over 16 additional advising visits had degree effects closer to 17 percentage points (this average includes the one outlier campus). Thus, from a cost perspective, there may be room to reduce the resources put into service contrast (such as the number of advising visits) and still achieve large effects. Put differently, the question might be: How does the cost of moving from 5 additional advising visits to 18 additional visits, for example, compare with the benefits of increasing degree receipt by an additional 3 percentage points?

In sum, the findings by state presented in the previous section suggest that beyond some initial positive amount, additional impacts on students' interactions with staff members may not be necessary to achieve large effects on degree receipt. However, the more disaggregated findings offered here support the idea that there is some positive relationship between service contrast and degree receipt. This analysis is only suggestive, however, given the small number of campuses, the small sample size for each campus, and the fact that the studies were not designed to estimate causal relationships between these two factors. A more formal analysis is warranted when data are available from subsequent studies.

#### Conclusion

This paper has presented an update of findings from CUNY ASAP through eight years and a synthesis of findings through three years from Ohio and New York. The longer-term findings for New York show that the effects on associate's degree receipt narrow over time, as the control group catches up with the program group, but the effects nevertheless remain sizable and stable by the end of the eighth year, at 12 percentage points. Effects on four-year enrollment and bachelor's degree receipt narrowed completely by the end of the period, suggesting that the main effect of the program on these outcomes was to help a small subset of students achieve them more quickly.

The pooled analysis for both states showed that through three years, the ASAP model had large positive effects on the receipt of associate's degrees—36 percent of students who were offered the program graduated, compared with 19 percent of students who were offered typical college services. At the end of Year 3, the program had also increased enrollment in four-year colleges. The program increased degree receipt for a variety of student types, including women and men, those with developmental education requirements and those without, and those with a high school degree at study entry and those without a degree. The program also had large effects in a variety of settings. The consistency of these findings suggests that the results are likely to generalize beyond these students and colleges.

An analysis by state also showed similar effects on degree attainment, even with some differences in implementation and service contrast. The Ohio programs led to smaller increases in advising and tutoring than CUNY ASAP did, for example, but they had similar-sized effects

on degree receipt. These findings raised the question of whether such large increases in student services, as observed for CUNY ASAP, are necessary to achieve substantial gains in graduation rates. However, the findings across the individual campuses suggest that there is some positive relationship between service contrast (or increases in advising and tutoring) and impacts on degree receipt. The issue of how program impacts vary with program components warrants further study, as it speaks to program improvement and cost.

The findings reiterate that this model of comprehensive supports and requirements can lead to large and lasting increases in degree receipt. But providing these supports to students has a cost. The direct cost of the program in Ohio, for example, was about \$1,800 per student per year. The cost of the original CUNY model was higher than that, at about \$4,700 per student per year, in part because of higher New York salaries and expenses but also because of more intensive advising requirements and lower adviser caseloads. CUNY ASAP's costs have gone down in recent years due to economies of scale as it has expanded to serve more students, and due to the adoption of a triage approach to advising and larger caseloads per adviser. In addition, although a formal analysis was not conducted for either study, some part of these costs would likely be recouped through formula funding in most states that increases with enrollment and degree receipt. Of course, the costs of any intervention must be considered relative to any benefits it generates. From a societal perspective, a primary benefit to consider is the increased earnings that come with an associate's degree, which would accrue over the working lives of participants (Belfield and Bailey, 2017).

Despite the additional cost, CUNY has expanded ASAP substantially since the original evaluation. With funding from the city of New York, the model now operates at more colleges within the CUNY system and serves a broader group of students. In Ohio, in contrast, only one of the three colleges in the original study has sustained the program. Nationwide, colleges' ability to implement and sustain ASAP will depend on funding support from the states or other sources.

Another option for addressing the costs is to consider reducing the intensity of certain components or dropping certain components entirely. The study evaluated the effects of the complete package, making it impossible to identify which components were responsible for the effects. Nonetheless, the Ohio results suggest that a triage approach to advising and tutoring—CUNY's current approach—can work, and that the very large average increases in advising and tutoring usage observed in the CUNY evaluation may not be necessary to increase degree receipt. In addition, the Ohio colleges and one New York college did not formally implement blocked scheduling, raising the question of whether that component is necessary to the model.

Other questions prompted by the findings are related to generalizability and scaling. One question is whether the model could be effective for a broader group of students. The eligibility requirements are fairly general, but the requirement to attend full time, for example, eliminated students who cannot attend at that level because of work, childcare, and other factors. (However, as noted, the ASAP model led to large increases in full-time enrollment, indicating that many students can attend full time with the necessary support.) The recently evaluated Stay the Course model did not require full-time enrollment and had large positive effects on degree receipt,

although the effects were primarily for women, and the small sample sizes mean that there is a fair amount of sampling error in the estimates. Nonetheless, another question is whether the full-time requirement could be modified in some way. Given the importance of full-time enrollment for making steady progress through school, the program would probably not want to give students who *can* attend full time the option of attending less (Adelman, 2004). But perhaps a version of the model could be tested that brings in and serves students who cannot manage the full-time schedule.<sup>19</sup>

Another group that might benefit from the program is students in fields of study that take longer than three years to complete, such as the large field of allied health. For good reason, given that the goal of ASAP was to increase three-year degree attainment, students in these types of fields were not a part of ASAP. However, it is likely that they would benefit from the comprehensive supports and services provided by the ASAP model. Students with substantial remedial needs were also excluded from the program, since they too would be unlikely to graduate within three years. Perhaps some version of ASAP could help these students stay on track and earn a degree. <sup>20</sup>

Finally, although the findings shown here are very encouraging, the replication of the ASAP model in one other state is not definitive evidence of its broad effectiveness. More information is needed about the ability to implement the model and find similar effects in different places and for different types of students. Relatedly, CUNY provided critical technical assistance to the Ohio colleges and MDRC provided operational support, which likely helped with maintaining fidelity to the model. As CUNY continues to replicate the model and provide technical assistance, similar results may be expected.<sup>21</sup> But as community colleges across the country develop their own programs borrowing from ASAP and without CUNY's technical assistance, it will be important to understand if they can achieve similar results.

<sup>&</sup>lt;sup>19</sup>CUNY is currently piloting an initiative at two of its community colleges for part-time students. The program incorporates elements of ASAP and other models. See <a href="http://www1.cuny.edu/mu/forum/2018/06/26/getting-part-time-students-to-the-finish-line-bronx-and-laguardia-community-colleges-launch-programs-to-boost-graduation-rates">http://www1.cuny.edu/mu/forum/2018/06/26/getting-part-time-students-to-the-finish-line-bronx-and-laguardia-community-colleges-launch-programs-to-boost-graduation-rates</a>.

<sup>&</sup>lt;sup>20</sup>CUNY Start, a program operating at eight of the system's community colleges, is designed to help students with remedial needs prepare for college-level coursework. It is viewed as a pathway to the CUNY ASAP program.

<sup>&</sup>lt;sup>21</sup>Replications of ASAP are being evaluated at Westchester Community College in New York, Blue Ridge Community College in North Carolina, and West Virginia University—Parkersburg in West Virginia.

## References

- Adelman, C. (2004). Principal indicators of student academic histories in postsecondary education, 1972–2000. Washington, DC: U.S. Department of Education, Institute of Education Sciences.
- Angrist, J., Autor, D., Hudson, S., and Pallais, A. (2014). Leveling up: Early results from a randomized evaluation of post-secondary aid (Working Paper No. 20800). Cambridge, MA: National Bureau of Economic Research.
- Angrist, J. Hudson, S., and Pallais, A. (2016). Evaluating post-secondary aid: Enrollment, persistence, and projected completion effects (Working Paper No. 23015). Cambridge, MA: National Bureau of Economic Research.
- Angrist, J., Lang, D., and Oreopoulos, P. (2009). Incentives and services for college achievement: Evidence from a randomized trial. *American Economic Journal: Applied Economics*, I(1), 1–28.
- Angrist, J., Oreopoulos, P., and Williams, T. (2010). When opportunity knocks, who answers?

  New evidence on college achievement awards (Working Paper No. 16643). Cambridge,

  MA: National Bureau of Economic Research.
- Attewell, P., and Douglas, D. (2014). Increasing the academic momentum of community college students. Evanston, IL: Society for Research on Educational Effectiveness.
- Attewell, P., Heil, S., and Reisel, L. (2012). What is academic momentum? And does it matter? *Educational Evaluation and Policy Analysis*, 34(1), 27–44.
- Attewell, P., and Jang, S. H. (2013). Summer coursework and completing college. *Research in Higher Education Journal*, 20.

- Attewell, P., Lavin, D., Domina, T., and Levey, T. (2006). New evidence on college remediation. *The Journal of Higher Education*, 77(5), 886–924.
- Avery, C., Howell, J. S., and Page, L. (2014). A review of the role of college counseling, coaching, and mentoring on students' postsecondary outcomes [Research brief]. *College Board*.

  Available at: https://files.eric.ed.gov/fulltext/ED556468.pdf.
- Bailey, T. (2009). *Rethinking developmental education in community college*. New York, NY: Community College Research Center, Teachers College, Columbia University.
- Bailey, T., Jaggars, S. S., and Jenkins, D. (2015). What we know about guided pathways: Helping students to complete programs faster. New York, NY: Community College Research Center, Teachers College, Columbia University.
- Barr, A., and Castleman, B. (2017). *The bottom line on college counseling* (Working Paper). Available at: http://people.tamu.edu/~abarr/BL shell 10 17 2017.pdf.
- Baum, S., Kurose, C., and McPherson, M. (2013). An overview of American higher education. *Future of Children*, 23(1), 17–39.
- Baum, S., and Ma, J. (2014). *Trends in college pricing 2014*. The College Board. Available at: https://secure-media.collegeboard.org/digitalServices/misc/trends/2014-trends-college-pricing-report-final.pdf.
- Belfield, C., and Bailey, T. (2017). *The labor market returns to sub-baccalaureate college: A review*. New York, NY: Center for Analysis of Postsecondary Education and Employment, Community College Research Center, Teachers College, Columbia University.
- Berger, A., Turk-Bicakci, L., Garet, M., Knudson, J., and Hoshen, G. (2014). *Early college, continued success: Early college high school initiative impact study*. Washington, DC:

  American Institutes for Research.

- Bettinger, E. P., and Baker, R. B. (2014). The effects of student coaching: An evaluation of a randomized experiment in student advising. *Educational Evaluation and Policy Analysis*, 36(1), 3–19.
- Bettinger, E. P., Long, B. T., Oreopoulos, P., and Sanbonmatsu, L. (2012). The role of application assistance and information in college decisions: Results from the H&R Block FAFSA experiment. *Quarterly Journal of Economics*, 127(3), 1205–1242.
- Bound, J., and Turner, S. (2007). Cohort crowding: How resources affect collegiate attainment. *Journal of Public Economics*, 91(5–6), 877–899.
- Braxton, J. M. (2002). *Reworking the student departure puzzle*. Nashville, TN: Vanderbilt University Press.
- Calcagno, J. C., Bailey, T., Jenkins, D., Kienzl, G., and Leinbach, T. (2008). Community college student success: What institutional characteristics make a difference? *Economics of Education Review*, 27, 632–645.
- Camerer, C. F., Dreber, A., Holzmeister, F., Ho, T. H., Huber, J., Johannesson, M.,...Altmejd, A. (2018). Evaluating the replicability of social science experiments in *Nature* and *Science* between 2010 and 2015. *Nature Human Behaviour*, 2(9), 637–644.
- Carrell, S. E., and Sacerdote, B. (2013). *Late interventions matter too: The case of college coaching New Hampshire* (Working Paper No. 19031). Cambridge, MA: National Bureau of Economic Research.
- Carrell, S., and Sacerdote, B. (2017). Why do college-going interventions work? *American Economic Journal: Applied Economics*, 9(3), 124–151.

- Cohodes, S. R., and Goodman, J. S. (2014). Merit aid, college quality, and college completion:

  Massachusetts' Adams scholarship as an in-kind subsidy. *American Economic Journal: Applied Economics*, 6(4), 251–285.
- Crosta, P. M. (2014). Intensity and attachment: How the chaotic enrollment patterns of community college students relate to educational outcomes. *Community College Review*, 42(2), 118–142.
- Deming, D., and Dynarski, S. (2010). College aid. In P. B. Levine and D. J. Zimmerman (Eds.), Targeting investments in children: Fighting poverty when resources are limited (pp. 283–302). Chicago, IL: University of Chicago Press.
- Engstrom, C. M., and Tinto, V. (2008). Learning better together: The impact of learning communities on the persistence of low-income students. *Opportunity Matters*, 1, 1–17.
- Evans, W. N., Kearney, M. S., Perry, B. C., and Sullivan, J. X. (2017). Increasing community college completion rates among low-income students: Evidence from a randomized controlled trial evaluation of a case management intervention (Working Paper No. 24150).

  Cambridge, MA: National Bureau of Economic Research.
- Goldrick-Rab, S., Harris, D., Kelchen, R., and Benson, J. (2012). Need-based financial aid and college persistence experimental evidence from Wisconsin. Available at:

  www.irp.wisc.edu/resource/need-based-financial-aid-and-college-persistence-experimental-evidence-from-wisconsin-revised-title-and-paper-from-july-2011-version.
- Goldrick-Rab, S., Kelchen, R., Harris, D. N., and Benson, J. (2016). Reducing income inequality in educational attainment: Experimental evidence on the impact of financial aid on college completion. *American Journal of Sociology*, 121(6), 1762–1817.

- Klempin, S. C. (2014). Redefining full-time in college: Evidence on 15-credit strategies. Available at: https://ccrc.tc.columbia.edu/publications/redefining-full-time-in-college.html.
- Logue, A. W., Douglas, D., and Watanabe-Rose, M. (2019). Corequisite mathematics remediation: Results over time and in different contexts. *Educational Evaluation and Policy Analysis*, 41(3), 294–315.
- Ma, J., and Baum, S. (2016). Trends in community colleges: Enrollment, prices, student debt, and completion. *College Board Research Brief*, 4, 1–23.
- Mayer, A. K., Patel, R., and Gutierrez, M. (2015). Four-year effects on degree receipt and employment outcomes from a performance-based scholarship program in Ohio (MDRC Working Paper). Available at: www.mdrc.org/publication/four-year-effects-degree-receipt-and-employment-outcomes-performance-based-scholarship
- McFarland, J., Hussar, B., Zhang, J., Wang, X., Wang, K., Hein, S.,...Barmer, A. (2019). *The condition of education 2019* (NCES 2019-144). Washington, DC: National Center for Education Statistics, U.S. Department of Education. Retrieved from https://nces.ed.gov/pubsearch/pubsinfo.asp?pubid=2019144
- Miller, C., Manno, M., Headlam, C., and Cullinan, D. (2020). Increasing community college graduation rates with a proven model: Three-year results from the Accelerated Study in Associate Programs (ASAP) Ohio Demonstration. New York, NY: MDRC.
- National Academic Advising Association. (2011). Advisor load statistics from the NACADA National Survey of Academic Advising. Table 6.28.
- Patel, R., Richburg-Hayes, L., de la Campa, E., and Rudd, T. (2013). Performance-based scholarships: What have we learned? Interim findings from the PBS Demonstration. New York, NY: MDRC.

- Richburg-Hayes, L., Brock, T., LeBlanc, A., Paxson, C., Rouse, C. E., and Barrow, L. (2009).

  Rewarding persistence: Effects of a performance-based scholarship program for low-income parents. New York, NY: MDRC.
- Rutschow, E. Z., Cullinan, D., and Welbeck, R. (2012). Keeping students on course: An impact study of a student success course at Guilford Technical Community College. New York, NY: MDRC.
- Scrivener, S., and Weiss, M.J. (2009). More guidance, better results? Three-year effects of an enhanced student services program at two community colleges. New York, NY: MDRC.
- Scrivener, S., Weiss, M.J., and Sommo, C. (2012). What can a multifaceted program do for community college students? Early results from an evaluation of Accelerated Study in Associate Programs (ASAP) for developmental education students. New York, NY: MDRC.
- Scrivener, S., Weiss, M.J., Ratledge, A., Rudd, T., Sommo, C., and Fresques, H. (2015). Doubling graduation rates: Three-year effects of CUNY's Accelerated Study in Associate Programs (ASAP) for developmental education students. New York, NY: MDRC.
- Strumbos, D., and Kolenovic, Z. (2017). Six-year outcomes of ASAP students: Transfer and degree attainment. New York, NY: City University of New York.
- Tinto, V. (1997). Classrooms as communities: Exploring the educational character of student persistence. *The Journal of Higher Education*, 68(6), 599–623.
- U.S. Department of Education, National Center for Education Statistics. n.d. QuickStats. Website: https://nces.ed.gov/datalab/quickstats. Accessed on July 5, 2018.
- Weiss, M. (2019). How can community colleges increase student use of year-round Pell Grants?

  Two proven strategies to boost summer enrollment. New York, NY: MDRC.

- Weiss, M., Mayer, A., Cullinan, D., Ratledge, A., Sommo, C., and Diamond, J. (2015). A random assignment evaluation of learning communities at Kingsborough Community College: Seven years later. *Journal of Research on Educational Effectiveness*, 8(2), 189–217.
- Weiss, M., Ratledge, A., Sommo, C., and Gupta, H. (2019). Supporting community college students from start to degree completion: Long-term evidence from a randomized trial of CUNY'S ASAP. *American Economic Journal: Applied Economics*, 11(3), 253–297.
- Weiss, M., Visher, M., Weissman, E., and Wathington, H. (2015). The impact of learning communities for students in developmental education: A synthesis of findings from randomized trials at six community colleges. *Educational Evaluation and Policy Analysis*, *37*(4), 520–541.

## **Exhibits**

Table 1
Sample Characteristics for the CUNY ASAP, Ohio Programs,
Pooled Samples, and National Population of Community College Students

	CUNY ASAP	Ohio Programs	Pooled	National	
Characteristic	Sample	Sample	Sample	Sample	
Gender (%)					
Male	38	36	37	44	
Female	62	64	63	56	
Age (%)					
19 or younger	57	47	51	-	
20-23	22	22	22	-	
24 or older	20	31	27	44	
Average age (years)	21	23	23	28	
Race/ethnicity <sup>a</sup> (%)					
Hispanic	44	10	22	19	
White	10	46	32	56	
Black	34	35	35	16	
Other <sup>b</sup>	12	10	11	9	
Living with parents (%)	74	58	64	-	
Has children (%)	15	27	23	32	
First person in the family to attend college (%)	30	34	33	-	
Diplomas/degrees earned (%) <sup>c</sup>					
High school diploma	74	87	82		
High school equivalency	21	12	15		
Currently employed (%)	31	60	49	69	
Currently employed full time (%)	7	16	12	33	
Nontraditional student <sup>d</sup> (%)	36	47	43	-	
Has developmental education requirements (%)	98	74	83	68	
Sample size	896	1501	2397		

(continued)

## Table 1 (continued)

SOURCES: Calculations using baseline information form data and placement test data from the CUNY Institutional Research Database (IRDB), and the ASAP Demonstration study colleges; IPEDS; and Stats in Brief, U.S. Department of Education, February 2017.

NOTES: Italics indicate statistics calculated only for a subset of respondents.

Distributions may not add to 100 percent because of rounding.

<sup>a</sup>Respondents who said they were Hispanic and chose a race are included only in the "Hispanic" category.

<sup>b</sup>The "Other" category includes Asian/Pacific Islander, Native American/Alaska Native, multiracial, and other races and ethnicities.

<sup>c</sup>Distributions may not add to 100 percent because categories are not mutually exclusive. A small percentage of sample members are excluded from these measures because they earned a certificate, technical or other degree and we are unable to determine if they had earned a high school diploma or equivalent.

<sup>d</sup>Nontraditional students are defined as those who were 24 years old or older, worked 35 or more hours per week, had children, or did not receive a high school diploma and were not enrolled in high school at the time of random assignment. Students are listed as nontraditional if they fit any of these characteristics.

Table 2
Associate's and Bachelor's Degree Enrollment and Receipt

_	Two	Two-Year Colleges			Four-Year Colleges			
	Control	Std.		Control		Std.		
Characteristic	Group	Difference	Error	Group	Difference	Error		
Enrollment Rate (%)								
Semester 1	93.6	2.7	1.5	0.7	-0.2	0.5		
Semester 2	81.1	10.1	2.3	0.9	0.1	0.6		
Semester 3	68.9	6.9	3.0	1.5	0.0	0.8		
Semester 4	58.2	8.0	3.3	5.3	-0.1	1.5		
Semester 5	43.8	1.5	3.3	12.6	4.0	2.4		
Semester 6	29.9	-3.1	3.0	17.8	7.2	2.7		
Semester 7	19.8	-7.6	2.5	23.0	4.6	2.9		
Semester 8	15.3	-6.6	2.2	26.2	2.5	3.0		
Semester 9	11.5	-3.6	2.0	26.9	-0.4	3.0		
Semester 10	8.0	-2.0	1.7	27.2	-0.1	3.0		
Semester 11	6.0	0.9	1.6	26.2	-5.4	2.8		
Semester 12	4.9	0.2	1.5	21.9	-2.9	2.7		
Semester 13	4.6	-0.6	1.4	19.9	-1.7	2.6		
Semester 14	5.1	-1.6	1.3	18.1	-2.1	2.6		
Semester 15	4.5	-0.3	1.4	12.9	2.3	2.3		
Semester 16	2.5	0.6	1.1	13.0	2.4	2.4		
Graduation Rate (%)								
Semester 1	0.0	0.0	0.0	0.0	0.0	0.0		
Semester 2	0.0	0.2	0.2	0.0	0.2	0.2		
Semester 3	1.1	1.8	1.0	0.0	0.2	0.2		
Semester 4	8.9	5.6	2.2	0.0	0.2	0.2		
Semester 5	15.7	13.4	2.7	0.0	0.5	0.3		
Semester 6	22.1	17.9	3.0	0.0	0.9	0.5		
Semester 7	26.5	15.8	3.1	0.8	0.7	0.7		
Semester 8	29.7	15.2	3.2	2.2	2.2	1.2		
Semester 9	31.9	14.4	3.2	4.0	3.1	1.5		
Semester 10	35.1	12.0	3.3	8.3	3.6	2.0		
Semester 11	36.1	12.4	3.3	12.9	2.0	2.3		
Semester 12	37.5	12.2	3.3	16.7	0.8	2.5		
Semester 13	38.3	11.9	3.3	18.0	1.4	2.6		
Semester 14	38.8	12.3	3.3	20.6	1.6	2.7		
Semester 15	39.2	12.5	3.3	22.4	0.7	2.8		
Semester 16	39.9	12.1	3.3	23.5	1.4	2.9		
Sample size	445	896		445	896			

SOURCES: Calculations using data from the CUNY Institutional Research Database (IRDB), and the National Student Clearinghouse (NSC).

NOTE: Estimates are adjusted by random assignment blocks and selected baseline characteristics.

Table 3

Degrees Earned and Four-Year College Enrollments After Three Years:

Variation in Effects by Student Characteristics

	Earned Degree				Enrolled in a Four-Year College				
		P-Value for			P-Val		P-Value for		
	Control	Std.		Subgroup	Control	Std.		Subgroup	
Characteristic	Group	Difference l	Error	Difference	Group	Difference	Error	Difference	
Developmental education									
requirements (%)				0.189				0.445	
None	25.5	17.6	5.2		21.0	1.0	4.6		
One	22.5	21.3	3.3		14.8	7.6	2.8		
Two or more	16.2	13.5	2.6		11.8	6.9	2.2		
Gender (%)				0.206				0.739	
Female	20.9	17.9	2.3		15.1	6.0	2.0		
Male	19.2	13.1	2.9		12.1	7.0	2.5		
Age (%)				0.241				0.193	
19 or younger	20.0	17.6	2.5		14.9	7.6	2.2		
20-23	20.9	10.4	3.9		13.6	1.7	3.2		
24 or older	19.8	18.4	3.7		11.7	9.3	3.0		
High school diploma at study	entry (%)			0.372				0.307	
No	17.5	13.0	4.2		13.0	3.0	3.6		
Yes	20.6	17.2	2.0		14.1	7.1	1.7		
Race/ethnicity (%)				0.305				0.754	
Hispanic	22.1	10.3	4.0		14.4	4.6	3.3		
White	23.7	19.5	3.4		13.3	7.4	2.7		
Black	14.9	18.4	3.0		12.9	9.0	2.7		
Other	18.1	18.5	5.9		15.3	5.3	5.2		
Employed at study entry (%)				0.736				0.939	
No	21.3	15.9	2.6		13.7	6.3	2.2		
Yes	18.7	17.1	2.6		14.1	6.5	2.3		

SOURCES: Calculations using data from the CUNY Institutional Research Database (IRDB), the ASAP Ohio Demonstration study colleges, and the National Student Clearinghouse (NSC).

NOTES: Estimates are adjusted by random assignment blocks and selected baseline characteristics. Rounding may cause slight discrepancies in calculating differences and sums.

The H-statistic test was used to test for statistically significant differences in impact estimates across different subgroups.

Table 4

Academic, Service, and Engagement Effects, by State

	CUNY ASAP			Ohio Programs			P-Value	
	Control		Std.	Control		Std.	for Subgroup	
Outcomes	Group	Difference	Error	Group	Difference	Error	Difference	
Academic outcomes (%)								
Earned a degree	22.7	17.3	3.0	18.4	15.9	2.3	0.725	
Enrolled in a four-year college	18.0	6.8	2.7	11.8	5.7	1.9	0.739	
Service contrast								
Times met with adviser	3.8	17.3	1.4	5.0	8.3	0.9	0.000	
Times met with tutor	4.2	8.5	1.1	3.4	4.9	0.8	0.010	
Times met with career services	1.1	3.8	0.4	0.7	1.7	0.3	0.000	
Student engagement (%)								
Had an employee to turn to for advice	58.4	28.0	3.2	72.6	16.5	2.5	0.005	
Had supports/services needed	56.9	32.7	3.1	81.0	10.2	2.2	0.000	
Sample size	445	896		695	1,501			

SOURCES: Calculations using data from the CUNY Institutional Research Database (IRDB), the ASAP Ohio Demonstration study colleges, the National Student Clearinghouse (NSC). and the MDRC student surveys.

NOTES: Estimates are adjusted by random assignment blocks and selected baseline characteristics. Sample sizes for specific outcomes may vary because of missing values. Rounding may cause slight discrepancies in calculating differences and sums.

Appendix Table A.1 College Characteristics for the CUNY ASAP and Ohio Programs Evaluation

Characteristic	Cincinnati State Technical and Community College	Lorain County Community College	Cuyahoga Community College	Borough of Kingsborough Manhattan Community College Community College		LaGuardia Community College	
Campus structure	1 main campus + 3 other locations around the city	1 main campus + 5 satellite centers across the county	4 main campuses + 8 satellite locations across the county	1 main campus	1 main campus	s 1 main campus	
Number of students	8,807	11,042	23,900	22,534	18,606	17,569	
Full-time students (%)	26	27	31	65	60	58	
Male (%)	44	39	40	41	44	41	
Black (%)	24	9	25	30	32	. 17	
Other minorities (%)	17	18	20	58	33	69	
Under 24 years of age (%)	55	70	61	68	74	64	
Campus setting	City: large	City: small	City: large	City: large	City: large	City: large	
Geographic location	Southwest Ohio	Northeast Ohio	Northeast Ohio	New York City	New York City	New York City	
Graduation rate (%)	15	23	15	14	25	15	
Undergraduate students receiving Pell Grants (%)	33	36	38	79	69	72	
Sample size (total = 2,397)	467	513	521	401	325	170	

SOURCES: Study colleges' websites and MDRC calculations using data from the Integrated Postsecondary Education Data System (IPEDS). NOTES: Two campuses in this study, Tri-C East and Tri-C, West are combined into one college, Cuyahoga Community College. IPEDS data for campuses in each state reflect a year within each evaluation period: 2017 in Ohio and 2010 in New York.

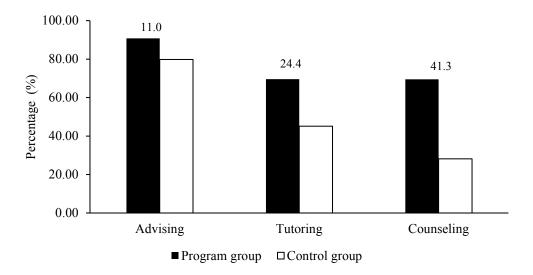


Figure 1A. Ever Received Key Service

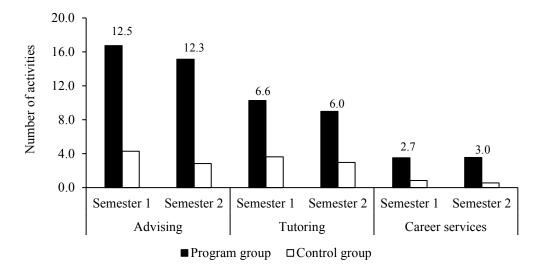


Figure 1B. Number of Times Students Received Each Key Service

SOURCE: Calculations using data from the student survey.

NOTES: Estimates are adjusted by random assignment blocks and selected baseline characteristics.

Sample sizes for specific outcomes may vary because of missing values. Rounding may cause slight discrepancies in calculating differences.

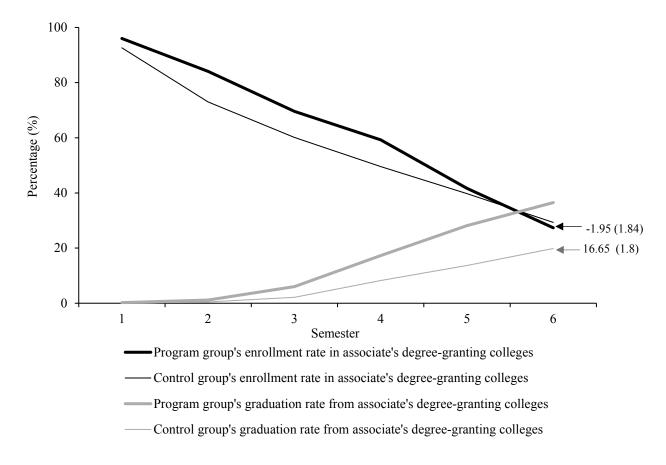


Figure 2. Enrollment in Associate's Degree-Granting Colleges and Associate's Degree Receipt SOURCE: MDRC calculations using data from the CUNY Institutional Research Database (IRDB) and the ASAP Ohio Demonstration study colleges.

NOTE: The first number next to each pair of lines is the estimated effect in Semester 6. The second number, in parentheses, is the standard error.

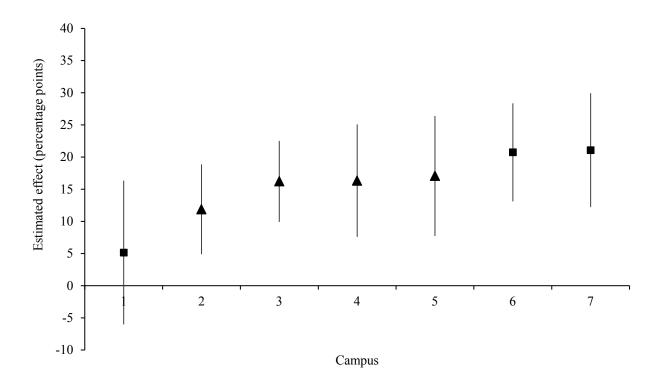
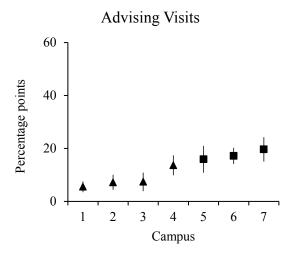


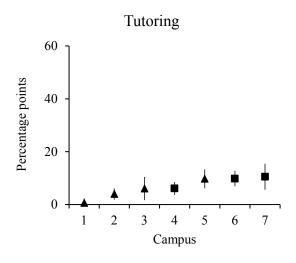
Figure 3. Associate's Degree Effects by College/Campus, Through Three Years.

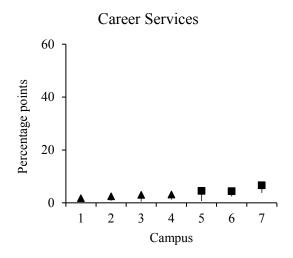
SOURCES: MDRC calculations using data from the CUNY Institutional Research Database (IRDB) and the ASAP Ohio Demonstration study colleges.

NOTES: The figure shows estimated effects on associate's degree receipt by college, indicated by the squares and triangles, and 90 percent confidence intervals, shown by the vertical lines. The CUNY campuses are denoted by squares; the Ohio campuses are denoted by triangles.

Estimates are adjusted by random assignment blocks and selected baseline characteristics.







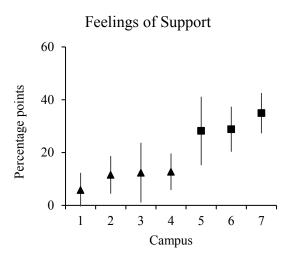


Figure 4. Effects on Service Contrast

SOURCES: MDRC calculations using results from the MDRC student surveys.

NOTE: The figure shows estimated effects by college, indicated by the triangles and squares, and 90 percent confidence intervals, shown by the vertical lines. The outcomes in this figure are the number of times students engaged in a certain program activity in the first semester, except for the "feelings of support" outcome. The CUNY campuses are denoted by squares; the Ohio campuses are denoted by triangles.

Estimates are adjusted by random assignment blocks and selected baseline characteristics.

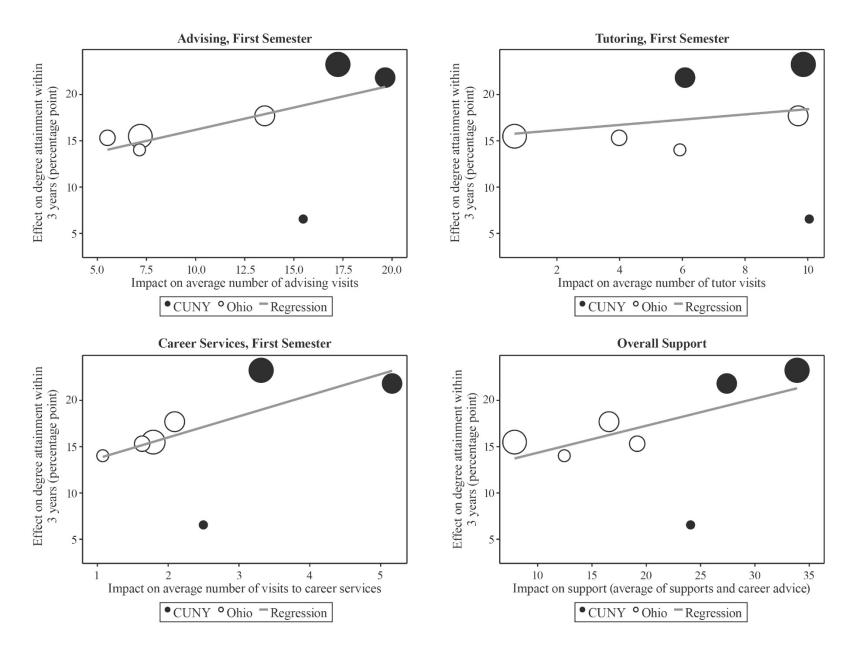


Figure 5. Association Between Service Contrast and Impacts on Degree Receipt