



2.3

Role-Playing Exercise



Group Exercise: Role-Play

This worksheet focuses on using role-playing as an activity to make training more interactive. The following example highlights how staff members role-played facilitating a B3 workshop session and received real-time reactions from trainers and peers. This activity can be adapted depending on the new program component you choose to implement.

Before you implement the first session, you will have an opportunity to practice with your colleagues. Now that you have LEARNED the information in the manual and how to run a session, you have an opportunity to DO something with the new information by practicing the first session and then REFLECTING on how it went. Use the instructions below to prepare for the role-play activity.

LEARN

Review the content of session 1.

1. Open the manual and reread session notes.
2. Make notes and highlight important details.

DO

Role-play the session.

1. Set up the video camera.
2. Role-play. Each person will have a chance to be the facilitator and will practice running the session using the manual. Videotape each session.
3. Upload the video.

REFLECT

Review how it went.

1. Watch your video.
2. Make notes that describe positive examples and needed changes from the session using the debrief protocol and session worksheet.
3. Share with the group to get reactions from peers and the trainer.